

# Essex Educational Psychology Service

## Improving lives: using psychology to create positive change

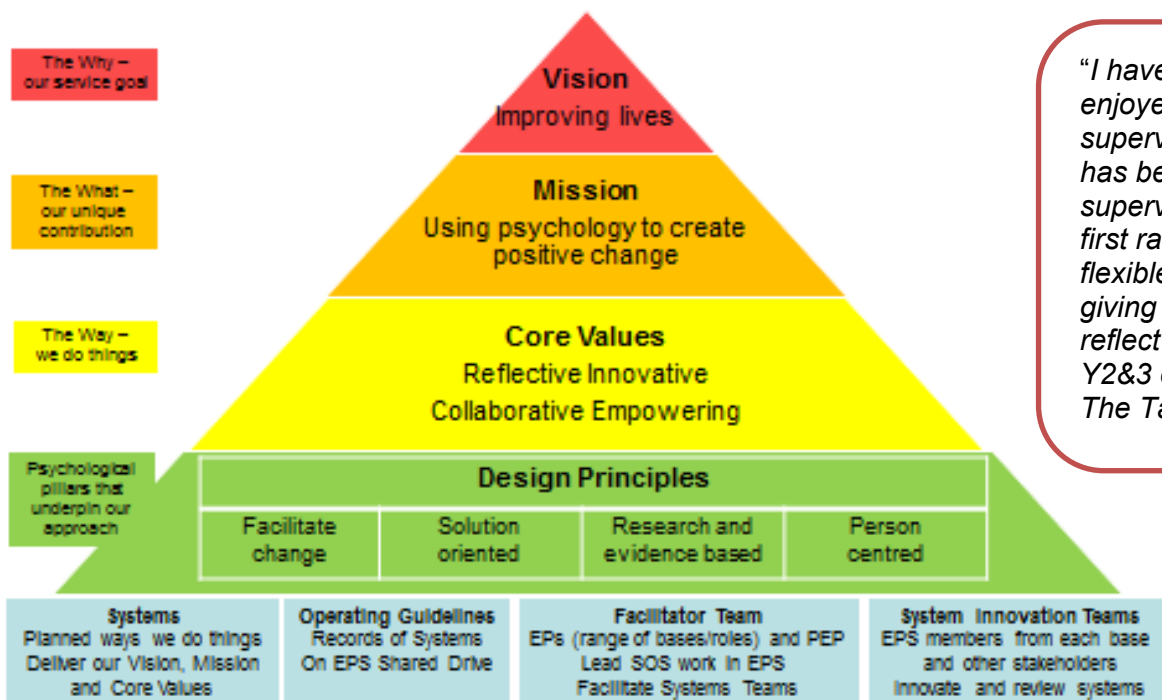
### Interested in working or training with our team?

#### At Essex EPS, we're

- Delivering leading-edge practice
- All involved with the innovative application of psychology
- A leading Sycol™ / Solution Oriented Service
- Involved in local and national projects and events
- Supportive, with outstanding CPD and supervision

*"A big, well managed, and organised service which is held in high regard with schools and other professionals. Psychology is at the heart of things – with very interesting opportunities for CPD."*  
(Essex EP)

#### Our Vision, Mission, Core Values and Design Principles



*"I have thoroughly enjoyed and valued supervision in Essex!! It has been fab! My supervisor has been first rate – supportive, flexible, reflective – and giving me space to reflect and learn" (TEP, Y2&3 of Doctorate at The Tavistock)*

#### As one of the largest EP Services in the country, we offer

- A fantastic team to be part of that is highly regarded by others (see below)
- A range of statutory and non-statutory work including consultation, assessment, interventions and training
- A model of locality working with all schools (free at the point of delivery) so that work is negotiated between the school and their Locality EP
- Generous whole service and individual CPD time allocation
- Exceptional Professional Supervision Systems and Trainee EP support (see Ayres, Clarke and Large, 2016, below)
- Involvement in strategic work for all EPS members through the Sycol™ / Solution Oriented Service development model
- Annual Essex EPS 2 day Projects and Research Conference
- Opportunity to be involved in intervention work that includes the Essex EPS Maths Intervention and Essex Bright Minds Bright Moods (CBT approaches intervention)
- Flexible working arrangements
- Paid HCPC fees

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### The Essex context

- Essex is a great place to live and work – with towns, villages and coastal areas
- The EPS is at the forefront of developments to support children, young people and those who support them, working closely with other services

### Intervention work Essex EPS staff are involved with includes

- Attachment Aware schools
- Assessment and Intervention Pyramids
- Bright Minds Bright Moods (CBT Intervention)
- Critical Incident Support
- Elklan training
- Essex EPS Maths Intervention
- Essex Provision Guidance Toolkit
- Good Beginnings (ASC intervention)
- Research-based literacy interventions
- Parent4Parent (support around ASC needs)
- Prevention of Youth Suicide Guidance Toolkit for Schools
- Organisational Development work (Sycol™ framework)
- TEA Groups (Talking Education and Adoption)
- Youth Offending Service work

### Senior Specialist Educational Psychologists

Essex Senior Specialist EPs lead work within our service and the county for the following:

- Autism
- Behaviour
- Child and Adolescent Mental Health
- Children in Care and Post Adoption
- Early Years
- Learning Difficulties and Disabilities
- Physical and Neurological Impairment
- Speech Language and Communication.

### You'd fit in well with our team as an Assistant EP, Trainee EP or EP if you

- Are friendly, conscientious and have a good sense of humour
- Are passionate about improving lives through using psychology to create positive change
- Want to work in a way that demonstrates our Core Values and Design Principles
- Are organised and have excellent inter-personal and communication skills
- Want to use your experience and interests to help us continually improve and develop what we do

### What people say about being part of the team at Essex EPS

*"An extremely supportive team, especially when you first start. It is a thoughtful, reflective, innovative and enjoyable place to work, and it is fun! Essex is a beautiful, green, historic county and, contrary to popular belief, is not full of stilettos!" (Essex EP)*

*"An extremely supportive team that has thorough induction processes that have allowed me to ease myself into the role with no difficulties. Essex's set of systems and procedures allow EPs to use their initiative and expertise in a safe and supportive service. I particularly value the Essex CPD programme with outside speakers." (Essex EP)*

*"I've had the perfect supervisor - supportive, organised, always there when I needed teaching, and always patient with me during the numerous times I asked for help – most of all, the nurturing approach helped me to become confident and independent and ready for the big wide world!" (TEP, Y2&3 of Doctorate at The Tavistock)*

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### Publications

A significant number of colleagues have published in reputable journals of professional interest, including:

Ros Somerville, Kate Ayre, Daniel Tunbridge, Katy Cole, Richard Stollery & Mary Sanders (2015)

Firm foundations: the effectiveness of an educational psychologist developed intervention targeting early numeracy skills, *Educational Psychology in Practice*, 31:3, 265-278.

Andy Keay, Jane Lang & Norah Frederickson (2015)

Comprehensive support for peer relationships at secondary transition, *Educational Psychology in Practice*, 31:3, 279-292

Jane Ayres, Annabel Clarke & Jon Large (2015)

Identifying principles and practice for supervision in an Educational Psychology Service, *Educational and Child Psychology*, 32 (3), 22-29.

Mike Kelly & Angela Campbell-Sadler (2012)

'Essex approaches to autism and their "enemy": model drift.' *Good Autism Practice*, 13 (2), pp. 62-68.

Natasha Adams, Tamsin Cox & Laura Dunstan (2004)

'I Am the Hate that Dare Not Speak its Name': Dealing with homophobia in secondary schools, *Educational Psychology in Practice*, 20:3, 259-269.